

Fluctuation Theory of Rashba Fermi Gases

Jayantha P. Vyasanakere¹ and Vijay B. Shenoy^{2*}

¹*Department of Physics, University College of Science,
Tumkur University, Tumkur 572 103, India and*

²*Department of Physics, Indian Institute of Science, Bangalore 560 012, India*

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Fermi gases with generalized Rashba spin orbit coupling induced by a synthetic gauge field have the potential of realizing many interesting states such as rashbon condensates and topological phases. Here we develop a fluctuation theory of such systems and demonstrate that beyond-Gaussian effects are *essential* to capture the physics of such systems. We obtain their phase diagram by constructing an approximate non-Gaussian theory. We conclusively establish that spin-orbit coupling can enhance the exponentially small transition temperature (T_c) of a weakly attracting superfluid to the order of Fermi temperature, paving a pathway towards high T_c superfluids.

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Construction and study of model Hamiltonians with quantum gases has opened up the possibility of not only addressing long standing questions[1–6] but also creating systems that are not conventional. The recent advances in synthetic gauge fields[7–12] have provided new impetus, motivating studies of interacting bosons and fermions in their presence that are of interest to a wide array of physicists (see review Ref. 13).

A uniform non-Abelian gauge field results in a generalized Rashba spin orbit coupling (RSOC). Interacting fermions with RSOC have many interesting and novel features,[14–17] while additional Zeeman fields can help realize topological states.[18–20] Even in the presence of weak attractive interactions, a crossover from a BCS type superfluid to a rashbon-BEC can be achieved by increasing the strength of RSOC.[14, 15] Rashbon-BEC is a condensate of rashbons – a bosonic bound state of a fermion pair in presence of large RSOC – whose mass (between 2-2.5 fermion mass) determines its transition temperature which is of the order of the Fermi temperature. Indeed early studies[16, 21] suggest this enhancement of the transition temperatures of weakly attractive systems by means of RSOC. In addition to this, the rashbon condensate/gas has several uncommon and unique traits – for example, unlike the case of the boson-boson interaction in the usual BEC,[22] the rashbon-rashbon interaction is *independent of the interactions between the constituent fermions*.[23] The hunt for the ‘best possible T_c ’ in these systems, along with the novel physics just noted, motivates this study to take the vital, if challenging, step – construction of a finite temperature theory including fluctuations beyond the mean-field.

In this report, we develop, for the first time, a fluctuation theory of the normal state of an interacting Fermi gas with RSOC. We show that the Gaussian theory, which provides an excellent qualitative description of the BCS-BEC crossover in systems without RSOC[24–28] is woefully inadequate to describe the normal state of systems with RSOC *even at a qualitative level*. We develop an approximate theory, including the crucial beyond-Gaussian effects, and use it to obtain the phase diagram of inter-

acting Rashba Fermi gases. Novel results include a clear demonstration of the enhancement of the superfluid transition temperature (T_c) in weakly attracting system from an exponentially small value to that of the order of Fermi temperature (T_F). We also show that in the regime of weak interactions, the superfluid transition temperature is a non-monotonic function of RSOC.

Formulation: Choosing units where the fermion mass m and the Planck’s constant \hbar are unity, the kinetic energy of a spin-orbit coupled fermion with momentum \mathbf{k} in three spatial dimensions is $\varepsilon_{\mathbf{k},\alpha} = \frac{k^2}{2} - \alpha|\mathbf{k}_\lambda| + \frac{\lambda_m^2}{2}$. Here $\alpha(\pm 1)$ is the helicity, $\mathbf{k}_\lambda = \lambda_x k_x \mathbf{e}_x + \lambda_y k_y \mathbf{e}_y + \lambda_z k_z \mathbf{e}_z$, where $\boldsymbol{\lambda} \equiv (\lambda_x, \lambda_y, \lambda_z) \equiv \lambda \hat{\boldsymbol{\lambda}}$ describes a ‘vector’ in the gauge field configuration space, and $\lambda_m = \text{Max}(\lambda_x, \lambda_y, \lambda_z)$. Non-Abelian gauge fields(equivalently RSOC) with high symmetry, such as the spherical gauge field with $\lambda_x = \lambda_y = \lambda_z = \lambda/\sqrt{3}$, are of particular interest. We refer to the absence of gauge fields/RSOC ($\boldsymbol{\lambda} = \mathbf{0}$) as “free vacuum”.

A finite density ρ_0 of fermions determines a characteristic momentum scale k_F defined by $\rho_0 = k_F^3/3\pi^2$ and an associated energy/temperature scale $E_F = T_F = k_F^2/2$. The singlet interaction (bare strength v) between the fermions is characterized by a scattering length a_s . Physics at temperature T and chemical potential μ with volume V is studied using functional integral methods. After introducing pairing fields $\eta(q), q \equiv (iq\ell, \mathbf{q})$ ($iq\ell$ –Bose-Matsubara frequency, \mathbf{q} – wave vector) and integrating out the fermions, the action

$$\mathcal{S}[\eta, F] = -\ln \det[-G^{-1}] - \frac{1}{v} \sum_q \eta^*(q) \eta(q). \quad (1)$$

is obtained, where F is a source field and G is the Greens function (functional of η and F).[29] To study the normal state physics, we expand the exact action Eq. (1) about the saddle point where $\eta(q) = 0$,

$$\begin{aligned} \mathcal{S} \approx & -\ln \det[-G_0^{-1}] - \frac{1}{v} \sum_q \eta^*(q) \eta(q) + \sum_q \gamma^*(q) L(q) \gamma(q) \\ & + \sum_{q_1, q_2, q_3, q_4} \gamma^*(q_1) \gamma^*(q_2) K(q_1, q_2; q_3, q_4) \gamma(q_3) \gamma(q_4) \end{aligned} \quad (2)$$

up to quartic order ($\gamma = \eta + F$); G_0 is the non-interacting Greens function. The quantities L and K are derivatives

of the action (Eq. (1)) to appropriate order in η . They are constrained by conservation laws, e.g., the arguments of K have to satisfy momentum conservation.

Gaussian Fluctuation Theory: Retaining only the first three terms in Eq. (2) produces the Gaussian fluctuation theory[24–26], quadratic in η . Upon integration of the η fields, we obtain

$$\mathcal{S}_g[F] = -\ln \det[-G_0^{-1}] + \sum_q \ln M(q) - \sum_q F^*(q) \chi(q) F(q), \quad (3)$$

$$\text{where } M(q) = L(q) - \frac{1}{v} = L(q) + \frac{1}{V} \sum_{\mathbf{k}} \frac{1}{|\mathbf{k}|^2} - \frac{1}{4\pi a_s}, \quad L(q) = \frac{\frac{1}{V} \sum_{\mathbf{k}, \alpha, \beta} |A_{\alpha\beta}(\mathbf{q}, \mathbf{k})|^2}{\frac{1-n_F}{iq_l - \xi_{(\frac{q}{2}+\mathbf{k})\alpha}} - \frac{\xi_{(\frac{q}{2}-\mathbf{k})\beta}}{iq_l - \xi_{(\frac{q}{2}+\mathbf{k})\alpha}}},$$

with $n_F(x) = 1/(e^{x/T} + 1)$ denoting the Fermi function, $A_{\alpha\beta}$ is the amplitude of the singlet in the two particle-state with momenta $\mathbf{q}/2 \pm \mathbf{k}$ and helicities α and β , and $\xi \equiv \epsilon - \mu$. The analysis also produces the pairing susceptibility $\chi(q) = L(q) \left(\frac{L(q)}{M(q)} - 1 \right)$, whose divergence from the positive side up on the reduction of temperature indicates a pairing instability. The first such divergence of $\chi(0, \mathbf{q})$ occurs at $\mathbf{q} = \mathbf{0}$ (as we have verified), i.e., the system is most susceptible to homogeneous pairing. T_c is then obtained via (the Thouless criterion[30])

$$-\frac{1}{4\pi a_s} - \frac{1}{4V} \sum_{\mathbf{k}, \alpha} \left(\frac{1-2n_F(\xi_{\mathbf{k}\alpha})}{\xi_{\mathbf{k}\alpha}} - \frac{2}{|\mathbf{k}|^2} \right) = 0.$$

The equation of state of the system is determined from Eq. (3) as

$$\rho(T, \mu) = \frac{1}{V} \sum_{\mathbf{k}, \alpha} n_F(\xi_{\mathbf{k}\alpha}) - \frac{1}{V} \sum_{\mathbf{q}} \frac{1}{\pi} \int_{-\infty}^{\infty} d\omega n_B(\omega) \frac{\partial \arg(M(\omega^+, \mathbf{q}))}{\partial \mu}, \quad (4)$$

where $\arg(z)$ is the argument of the c-number z , $n_B(x) = 1/(e^{x/T} - 1)$ is the Bose function, and $M(\omega^+, \mathbf{q})$ is the analytic continuation of $M(iq_l \rightarrow z, \mathbf{q})$ evaluated just above the real axis in the z -plane. μ at a given T is then determined from the solution of the equation $\rho(T, \mu) = \rho_0$. $M(z, \mathbf{q})$ may have an isolated zero (below the scattering threshold $\omega_0(\mathbf{q})$) at $z = \omega_b(\mathbf{q})$ along the real axis; this signals the presence of a bosonic bound state of a fermion pair with center of mass momentum \mathbf{q} . It is useful to rewrite the equation of state by explicitly identifying the contributions to ρ

$$\rho(T, \mu) = \rho_F(T, \mu) + \rho_b(T, \mu) + \rho_c(T, \mu) \quad (5)$$

where $\rho_F(T, \mu) = \frac{1}{V} \sum_{\mathbf{k}, \alpha} n_F(\xi_{\mathbf{k}\alpha})$ is the fermion contribution, $\rho_b(T, \mu) = -\frac{1}{V} \sum_{\mathbf{q}} n_B(\omega_b(\mathbf{q})) \frac{\partial \omega_b(\mathbf{q})}{\partial \mu}$ is the contribution from the bosonic poles, and $\rho_c(T, \mu) = -\frac{1}{V} \sum_{\mathbf{q}} \int_{\omega_0(\mathbf{q})}^{\infty} d\omega n_B(\omega) \frac{\partial \arg(M(\omega^+, \mathbf{q}))}{\partial \mu}$ is the contribution from the scattering continuum manifested as a branch cut of $M(z, \mathbf{q})$ along the real z -axis.

Inadequacy of the Gaussian Theory: The Gaussian theory, notably successful[28] in the description of the interacting Fermi gas in free vacuum, has rather peculiar features in the presence of RSOC (*non-Abelian* gauge field) of the type $\mathbf{\lambda} = (\lambda_r, \lambda_r, \lambda_p)$ where $\lambda_r \geq \lambda_p$. While

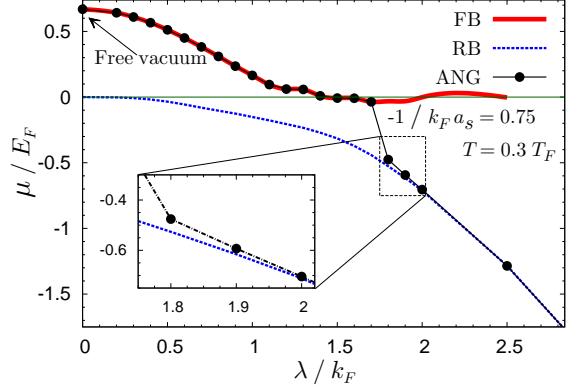


Figure 1. (Color online) **Dependence of chemical potential (μ) on RSOC strength:** The Gaussian theory has two distinct solutions for μ , called the free vacuum branch (FB) (higher μ , solid line), and the rashbon branch (RB) (lower μ , dashed line). RB always has the lower free energy within the Gaussian theory. The solid line with dots indicates μ in the approximate non-Gaussian (ANG) theory developed in this paper. Non-Gaussian effects eliminate RB for $\lambda \lesssim k_F$.

we focus on the spherical gauge field, our discussion will be applicable to all such gauge fields.

Fig. 1 shows the dependence of μ on λ at a fixed low T ($T < T_F$) and negative a_s . The remarkable feature is that the Gaussian theory has *two* solutions for μ for a given set of parameters. For $\lambda \ll k_F$, one of the solutions, called the “free vacuum branch” (FB) (see Fig. 1), is smoothly connected to that of the free vacuum found in previous works.[25, 26] The other solution always has $\mu < 0$, even for $\lambda \ll k_F$. For large λ , μ in this branch is determined by the rashbon dispersion, and hence called the rashbon branch (RB). Curiously μ along RB, which *always* has the lower free energy, approaches 0^- as $\lambda \rightarrow 0$. This suggests that the equilibrium state of the Gaussian theory with RSOC is not continuously connected to the free vacuum in the limit of $\lambda \rightarrow 0$! (see Fig. 1.)

The physics of RB at small λ can be traced to the contribution ρ_b from the bound bosonic states to the total density (Eq. (5)). Fig. 2 shows the dispersion of such bosons as a function of their momentum \mathbf{q} . Key points to be noted, whenever $\mu < 0$, are (i) even for negative scattering lengths, there are bound bosonic states in RB whenever $|\mathbf{q}| < q_0 (= \frac{2\lambda}{\sqrt{3}})$, while they cease to exist at larger $|\mathbf{q}|$. (ii) the binding energy of the bosons ($E_b(\mathbf{q}) = \omega_0(\mathbf{q}) - \omega_b(\mathbf{q})$), even though significant for small $|\mathbf{q}|$, is vanishingly small in the range $\frac{q_0}{2} \lesssim |\mathbf{q}| \leq q_0$. This physics is quite similar to what is found in the two body problem.[21] Such a bosonic dispersion can therefore accommodate a large number of particles forcing μ to be self-consistently negative. Although $E_b(\mathbf{q} = \mathbf{0}) \rightarrow 0$ for vanishingly small λ this phenomenon persists, resulting in RB not being smoothly connected to the free vacuum. Note also that FB does not have any contribution from ρ_b , since in this regime there is no bosonic bound state for $\mu > 0$.

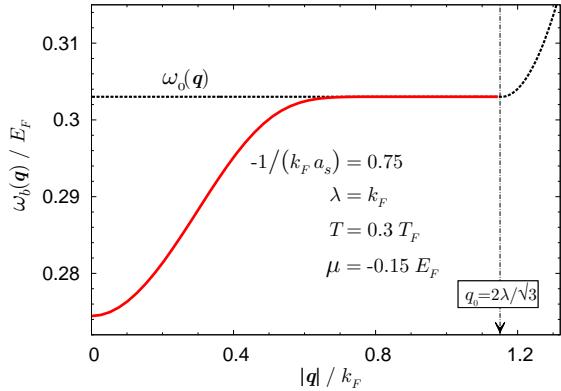


Figure 2. (Color online) **Energy dispersion of the bound boson (fermion-pair) in the Gaussian theory:** The dashed black line is the scattering threshold $\omega_0(\mathbf{q})$ as a function of $|\mathbf{q}|$ (momentum of the pair).

As is evident, the fully formed bound states in the range $\frac{q_0}{2} \lesssim |\mathbf{q}| \leq q_0$ with a vanishing binding energy can easily be destabilized. In particular, the quartic term in Eq. (2) with the coupling K describes the interactions between the pairing fluctuations $\eta(q)$. A natural question is whether these weakly bound states are stable when the interactions between the bosonic fluctuations are taken into account. We address this question by quantifying the strength of these beyond-Gaussian effects by the parameter b (proportional to $K(q_1, q_2; q_3, q_4)$ in the limit of zero momentum[25, 27]) obtained as

$$b = \frac{1}{4V} \sum_{\mathbf{k}, \alpha} \left(\frac{1-2n_F(\xi_{\mathbf{k} \alpha})}{\xi_{\mathbf{k} \alpha}^3} - \frac{2n_F(\xi_{\mathbf{k} \alpha})(1-n_F(\xi_{\mathbf{k} \alpha}))}{T \xi_{\mathbf{k} \alpha}^2} \right). \quad (6)$$

When μ is large and negative, as in a “boson dominated” state where the most prominent contribution arises from ρ_b , $b \approx \frac{\lambda^2 - 2\mu}{32\pi\sqrt{2}(-\mu)^{5/2}}$. The physical meaning of b can be made evident by noting that $b \sim a_{BB}^{-3}$ when $\lambda = 0$ and the scattering length is small positive (free vacuum BEC side). Here a_{BB} is the scattering length of two bosons (bound fermion pairs) and is proportional to a_s .[22] Furthermore, for any a_s , as $\lambda \rightarrow \infty$, $b \rightarrow \lambda^{-3}$, which can be immediately identified with a_{RR}^{-3} , where a_{RR} is the rashbon-rashbon scattering length.[23] Therefore, $b^{1/3}$, is a length scale that characterizes the interactions among the pairing fields. Interestingly, this parameter is nonzero in the limit of $\lambda \rightarrow 0^+$ and grows with increasing λ attaining a peak when $\lambda \approx k_F$ (see inset of Fig. 3), subsequently possessing the just discussed asymptotic behavior at large λ .

The effects of b on the weakly bound states can now be estimated in a physical manner. The lowest order effect of b would be to shift the energy of the bound state via a Hartree shift, i.e., $\omega_b(\mathbf{q}) \rightarrow \omega_b(\mathbf{q}) + \kappa b^{1/3} \rho_b(T, \mu)$ where κ is a dimensionless number of order unity[31]. Clearly, the bound bosonic state will be unstable if the shift takes it into the scattering continuum, i.e., a necessary condition for the stability of the bound state is that

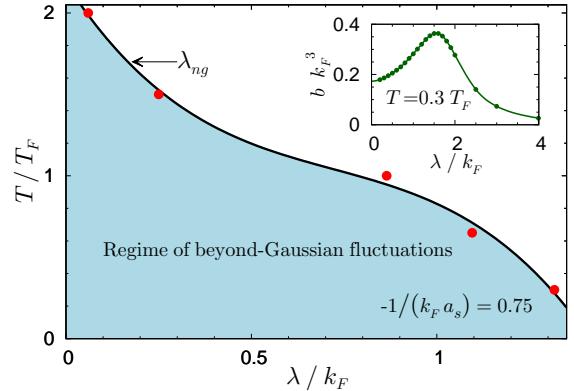


Figure 3. (Color online) **Regime where non-Gaussian effects are ineluctable:** At a given temperature T and scattering length a_s , non-Gaussian effects play a crucial role when $\lambda \lesssim \lambda_{ng}(T, a_s)$. These estimates provide a lower bound of λ_{ng} , which results in $\lambda_{ng} \approx k_F$ for temperatures $T \lesssim T_F$. Thus beyond-Gaussian effects are crucial in the most interesting regime of parameters.

$\omega_b(\mathbf{q}) + \kappa b^{1/3} \rho_b(T, \mu) \leq \omega_0(\mathbf{q})$. Thus RB can be stable only if

$$E_b(\mathbf{q} = \mathbf{0}) \geq \kappa b^{1/3} \rho_b(T, \mu). \quad (7)$$

Using this criterion we obtain the regime (see Fig. 3) where RB is eliminated by non-Gaussian effects i.e., $\lambda \leq \lambda_{ng}(T, a_s)$. For a given a_s , we find that λ_{ng} increases with decreasing temperature[32]. These estimates provide a lower bound of λ_{ng} , which results in $\lambda_{ng} \approx k_F$ for temperatures $T \lesssim T_F$. Thus beyond-Gaussian effects are crucial in the most interesting regime of parameters.

Approximate Non-Gaussian Theory: Having firmly established that even a qualitatively correct description of spin-orbit coupled Fermi gases necessarily requires a beyond-Gaussian theory, we propose and discuss one such theory. A key desideratum of such a theory is the elimination of RB for $\lambda \lesssim \lambda_{ng}$, and a smooth evolution (at given T, a_s) from the free vacuum state at vanishing λ to the rashbon gas at large λ . The implementation of such a theory is a formidable challenge, even as we note that Gaussian theory itself requires considerable calculational effort[33]. Faced with this reality, we develop an approximate non-Gaussian (ANG) theory by a suitable modification to the equation of state (Eq. (4)) that only entails the same calculational complexity as the Gaussian theory. The approximation follows the physical argument that the non-Gaussian term b shifts $\omega_b(\mathbf{q})$ to $\omega_b(\mathbf{q}) + \kappa b^{1/3} \rho_b^{GS}$ where ρ_b^{GS} is the bound boson contribution calculated within the Gaussian approximation. Only those bosonic states that remain below the scattering continuum after this energy shift, i.e., the bosonic states for all $|\mathbf{q}| \leq q_b$ obtained by $E_b(q_b) = \kappa b^{1/3} \rho_b^{GS}$, are stable to non-Gaussian effects. These arguments provide for the approximation to the contribution of the bosonic bound pairs to the equation of state (Eq. (4)) as $\rho_b^{\text{ANG}}(T, \mu) = -\frac{1}{V} \sum_{|\mathbf{q}| \leq q_b} n_B(\omega_b(\mathbf{q})) \frac{\partial \omega_b(\mathbf{q})}{\partial \mu}$.

Fig. 1 shows the results of this approximate non-Gaussian theory (see the curve marked ANG). The ap-

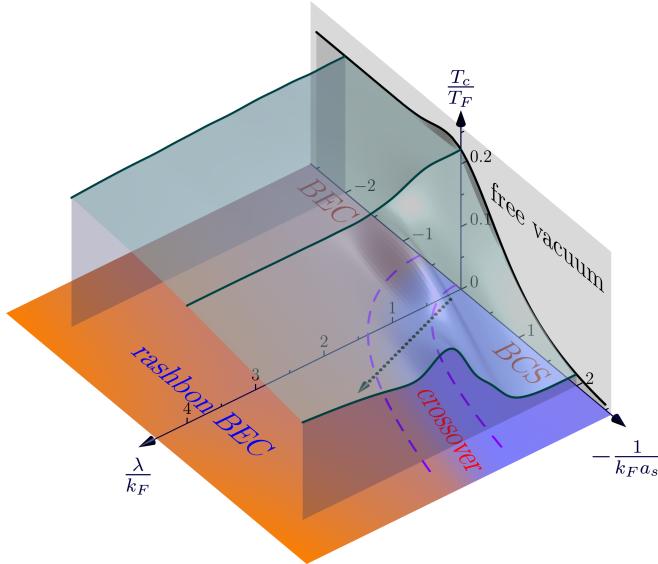


Figure 4. (Color online) **Phase diagram:** Dependence of superfluid T_c on a_s and λ (ANG theory). Crossover occurs in regime enclosed by the dashed lines. The dotted line indicates a candidate path that can be traced out in a cold atoms experiment by varying the density at a fixed scattering length and RSOC.

proximate theory does indeed possess the key features desired, notably the elimination of RB for $\lambda \ll k_F$. In this regime, the ANG chemical potential smoothly connects to free vacuum value. Furthermore, when $\lambda \gg k_F$, the ANG recovers the rashbon gas. In the ANG theory, RB appears only after a particular value of λ which depends on T and a_s at which the solution switches from FB to RB. This evolution should be smooth in a detailed theory which also includes non-Gaussian effects in the free vacuum.

Phase Diagram: We now use the ANG theory to obtain the phase diagram shown in Fig. 4. For a small positive scattering length, which obtains a BEC of fermion pairs in free vacuum, increasing RSOC engenders a smooth crossover to the rashbon-BEC with the T_c gradually changing from that set by the free vacuum boson mass (twice the fermion mass) to that set by the rashbon mass. At the resonant scattering length, the T_c again evolves from that of the free vacuum unitary Fermi gas, to that of the rashbon-BEC. The scenario for a small negative scattering length is significantly different as discussed below.

One of the key aspects of the phase diagram Fig. 4, shown in detail in Fig. 5, is the large enhancement of T_c for a system with a weak attractive interaction. For example, for $\frac{-1}{k_F a_s} = 2$, the T_c is enhanced from $0.02T_F$ at $\lambda = 0$ to about $0.1T_F$ when $\lambda \approx k_F$. Further, there is a regime of λ where T_c decreases. Beyond this, T_c is determined by two-body physics as shown by dashed-dot lines in Fig. 5. Fig. 5 also shows the mean field T_c which makes fluctuation effects evident. For example, the T_c from the ANG theory is about 85% of the mean field T_c

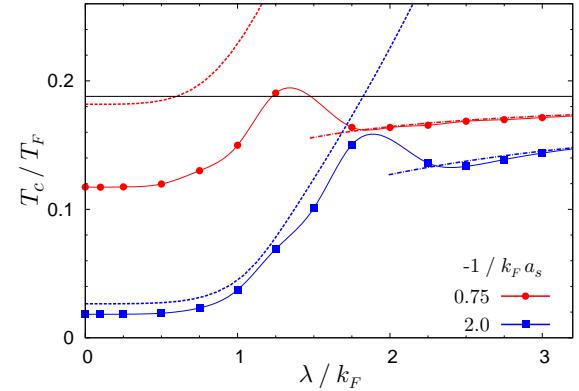


Figure 5. (Color online) **Non-monotonic dependence of T_c on λ for weak attraction:** Points indicate the T_c calculated from our ANG theory (lines through the points are a guide to the eye). Dashed lines – T_c from mean field theory. Dashed-dot lines – T_c estimated from the condensation of the bound-fermion pairs. Thin horizontal line – T_c of the rashbon-BEC.

for $\frac{-1}{k_F a_s} = 2.0$, and it is reduced to about 60% of the mean field value when $\frac{-1}{k_F a_s} = 0.75$. The enhancement of T_c for weak attractive interactions indicated by our ANG theory is a remarkable feature of spin orbit coupled systems (*non-Abelian* gauge fields). Finally, for any given a_s (including $a_s < 0$), the T_c at large λ ($\lambda \gtrsim (k_F, 1/|a_s|)$) is independent of a_s , determined only by the rashbon mass.

As shown in Fig. 4, there is a much bigger regime of parameters (with weak interactions and RSOC) over which the crossover from a BCS like ground state to a rashbon-BEC occurs. The central point is that the superfluid with high T_c occurs in this crossover regime. Indeed, it will be interesting to mimic this crucial finding in material systems to provide routes to making superconductors with high transition temperatures. On a different token, this physics can be uncovered in a cold atoms experiment at fixed negative a_s and RSOC, by working with different trap centre densities, tracing out a path akin to the dotted line shown in Fig. 4. Another interesting point to note is that the enhanced binding induced by the RSOC will result in significant pseudogap features[34] which could be observed even at higher temperatures.

In summary, we have shown the crucial role of beyond-Gaussian effects in spin orbit coupled Fermi gases. We have developed a simple theory that incorporates the beyond-Gaussian effects in an approximate fashion. Using this theory we obtain the phase diagram of the system. A key result of our calculation is the demonstration of the enhancement of the exponentially small superfluid transition temperature with weak attraction to values comparable to Fermi temperature. This important point provides clues to producing superconductors with high transition temperatures. Our approximate non-Gaussian theory uncovers the rich physics in spin-orbit coupled gases providing motivation for further de-

tailed theoretical considerations. Promising routes to treat beyond-Gaussian effects include the G_0-G or $G-G$ schemes.[35, 36]

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* shenoy@physics.iisc.ernet.in

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[29] Eq. (1) is derived as Eqn. A8 of Supplemental Material which may be referred for details.

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[31] $\kappa = \frac{(2\pi)^{4/3}}{4-\sqrt{2}} \approx 4.484$.

[32] At a given temperature, we have verified the expected result that $\lambda_{ng}(a_s, T)$ increases for a smaller negative scattering length.

[33] It is worth mentioning that, unlike in free vacuum, an analytical expression for the imaginary part of $M(\omega^+, \mathbf{q})$ is not available even for spherical gauge field. On top of this, the multiple integrals in evaluating $\rho_b(T, \mu)$ and $\rho_c(T, \mu)$ which are challenging for an efficient numerics even in free vacuum, are extremely involved in presence of gauge fields due to various factors including principal valued integrals whose locations also have to be obtained numerically, sharp features and divergences in the integrand, among many.

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Supplemental Material
 for
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Appendix A: Fluctuation Theory Formulation

Many body physics is studied by introducing four component Nambu fields $\Psi^*(k) = (c_+^*(k) c_+(-k) c_-^*(k) c_-(-k))$, where k denotes the four-vector (ik_n, \mathbf{k}) , ik_n being a Fermi-Matsubara frequency. The action of a system of interacting fermions is made up of three pieces:

$$\mathcal{S}[\Psi] = \mathcal{S}_0[\Psi] + \mathcal{S}_v[\Psi] + \mathcal{S}_F[\Psi]. \quad (\text{A1})$$

The term \mathcal{S}_0 describes the kinetic energy including the RSOC induced by the non-Abelian gauge field,

$$\mathcal{S}_0[\Psi] = \frac{1}{2} \sum_k \Psi^*(k) (-G_0^{-1}(k, k')) \Psi(k'). \quad (\text{A2})$$

where $G_0^{-1}(k, k') = \text{Diag}(ik_n - \xi_{\mathbf{k}+}, ik_n + \xi_{\mathbf{k}+}, ik_n - \xi_{\mathbf{k}-}, ik_n + \xi_{\mathbf{k}-}) \delta_{k, k'}$ with $\xi_{\mathbf{k}\alpha} = \varepsilon_{\mathbf{k}\alpha} - \mu$ and μ is the chemical potential. The second term, \mathcal{S}_v , in the action (Eq. (A1)) describes the contact attraction among fermions as

$$\mathcal{S}_v[\Psi] = \frac{vT}{V} \sum_q S^*(q) S(q), \quad (\text{A3})$$

where T and V are respectively the temperature and volume of the system, v is the bare interaction parameter. This last quantity is traded for the s -wave scattering length a_s through regularization as $\frac{1}{4\pi a_s} = \frac{1}{v} + \Lambda$, where $\Lambda = \frac{1}{V} \sum_{\mathbf{k}} \frac{1}{k^2}$ denoting the ultraviolet cutoff. The quantity $S^*(q) = \sum_{k, \alpha\beta} A_{\alpha\beta}(\mathbf{q}, \mathbf{k}) c_{\alpha}^*(\frac{q}{2} + k) c_{\beta}^*(\frac{q}{2} - k)$ stands for the singlet pair density in Matsubara-Fourier space, $q = (iq_{\ell}, \mathbf{q})$, where iq_{ℓ} is the Bose-Matsubara frequency, \mathbf{q} is the center of mass momentum and \mathbf{k} is the

relative momentum of a two-particle state with particles having helicities α and β . $A_{\alpha\beta}(\mathbf{q}, \mathbf{k})$ is the weight of such a state in the singlet sector. The third term in Eq. (A1) contains external pairing source fields $F(q)$,

$$\mathcal{S}_F[\Psi] = \sqrt{\frac{T}{V}} \sum_q F(q) S^*(q) + F^*(q) S(q). \quad (\text{A4})$$

This term anticipates a pairing instability in the system, and is added solely to aid the calculation of the pairing susceptibility (most of the formulae, therefore, will have $F = 0$).

We now perform a Hubbard-Stratanovich transformation on \mathcal{S}_v by introducing pairing fields $\eta(q)$,

$$\mathcal{S}[\Psi, \eta, F] = \sum_{k, k'} \Psi^*(k) (-G^{-1}(k, k')) \Psi(k') - \frac{1}{v} \sum_q \eta^*(q) \eta(q), \quad (\text{A5})$$

where

$$G^{-1}(k, k') = G_0^{-1}(k, k') - \gamma(k, k'), \quad (\text{A6})$$

$$\gamma(k, k') = \begin{pmatrix} 0 & \gamma_{++}(k, k') & 0 & \gamma_{+-}(k, k') \\ \tilde{\gamma}_{++}(k, k') & 0 & \tilde{\gamma}_{+-}(k, k') & 0 \\ 0 & \gamma_{-+}(k, k') & 0 & \gamma_{--}(k, k') \\ \tilde{\gamma}_{-+}(k, k') & 0 & \tilde{\gamma}_{--}(k, k') & 0 \end{pmatrix} \quad (\text{A7})$$

with $\gamma_{\alpha\beta}(k, k') = \sqrt{\frac{T}{V}} \sum_q \gamma(q) A_{\alpha\beta}(\mathbf{q}, \mathbf{k} - \frac{\mathbf{q}}{2}) \delta_{q, k-k'}$, $\tilde{\gamma}_{\alpha\beta}(k, k') = \sqrt{\frac{T}{V}} \sum_q \gamma^*(-q) A_{\beta\alpha}^*(-\mathbf{q}, \mathbf{k} - \frac{\mathbf{q}}{2}) \delta_{q, k-k'}$, and $\gamma(q) = \eta(q) + F(q)$. The action is now quadratic in fermionic fields which can be integrated to yield

$$\mathcal{S}[\eta, F] = -\ln \det[-G^{-1}] - \frac{1}{v} \sum_q \eta^*(q) \eta(q). \quad (\text{A8})$$

This is Eq. (1) in the main text.